

## THOUGHT RESPONSIBILITY, a valuable tool for ‘harmlessness’:

*Did you know: Birds have a back door to their lungs? That is for the buoyancy and ‘boost’ power they need for flight. They also have air sacs on the sides of their lungs – for life-giving oxygen. It is the reason they can fly across the ocean and never have to stop. I ask you, have you ever seen a bird panting after a flight? The jet was patterned after this spectacular aviator. Another gem found that on the marvelous dvd ‘God of Wonders.’*

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Again, let me remind you that I desire only to share with others what I have found to flip-side my own desperate life – Principles which I have PROVEN before spoken of, so as not to ‘get your hopes up,’ but to reassure and encourage you to step forward with no fear, but rather in excited anticipation of promises made and kept – by GOD. You alone are responsible for allowing your soul to guide you in confirmation.

It is written in the Ageless Wisdom Teaching: “Thought is the true friend of the seeker. ***Thought rules everything.*** Thought is inherent in each movement of the muscles. Thought leads and affirms. Thought finds the paths to the Covenants and the Decrees. Thought, if not scorned, teaches discrimination between the higher and the lower. Thought lives on perpetually and infinitely. It affirms movement and the realization of rhythm. Thought does not forsake one by day, nor by night. *Thought uplifts the consciousness when the process of thinking becomes cherished.*” You will be getting tools today to get you to that very state of ‘cherished thinking.’

It’s important you understand ‘Thought’ is more valuable than the word because it has no borders and is restricted only when clothed by words. The manifesting power of a thought exceeds that of its alternate identity, the word. Those before us, in Ages which recognized the Principle and utilized its power, such as the experiences in the Tower of Babel and Atlantis, were ‘on-purpose’ creators, proving the Principle of Thought. Yet, lacking the resolve of such a responsibility, the Principle proved itself in its consequences of misuse and chaos ensued in both cases. (Need I remind you that misuse of the Principle of Thought, when using it for evil or deviousness or vengeance, anything against ‘good will,’ returns to the sender ten-fold? And that a ‘Principle’ is infallible?)

To avoid such a downfall once again, for mankind as a whole or individually, there are three divinely ordered steps to be taken before constructing a manifesting thought - get your pencil and paper:

*'Before a thought-form is constructed:*

- 1) envision its purpose*
- 2) ascertain its goal*
- 3) verify the motive*

*Act as a thinker and learn that it is not right to prostitute our thoughts to the base use of separative desire, that is, selfishness and greed. The energy of thought is for the good of all and to the furtherance of God's Plan. Use it not selfishly.'*

Now, keep these written down steps close, to help retrain your thinking!

As well, we must consider several things, in the process of retraining the mental plane:

- a) We must purify our lower desires, so that we are enabled to see clearly in the spiritual sense – with 'spirit eyes';
- b) We must acquire the ability to lose sight of our own base selfishness and desires to that of group-interest and good, in that way, we cooperate with God's Plan; we must secure control over the mind;
- c) We must develop the ability – through the steps just laid out and through concentration, to connect with the higher self and thus bringing about the realization of one's individual share in that Plan;
- d) We must be diligent and determined to practice perfecting the thought form and, as a SERVANT of the Plan of God, learn how to send it on its mission.

ALL activity of every kind is the result of thought forms built consciously or unconsciously; of self-initiated thought-forms or of the effect of the thought-forms of others; and of responsiveness to one's own inner impulses, or of responsiveness to the impulses of others, and therefore to GROUP thought-forms. There is no life to circumscribed and no person so situated who cannot begin to work intelligently and to build thought-forms under the Principle and with understanding. There is no day in any man's life, particularly if he is desirous of right-thinking, when a man cannot work in mental matter, control his use of thought, watch the effect of his mental processes on those he contacts, and so handle his mind stuff that he becomes more and more useful.

A thought-form can also act as a poisoning agent, and poison all the springs of life. . . . A violent dislike, a gnawing worry, a jealousy, a constant anxiety, and a longing for something or someone, may act so potently as an irritant or poison that the entire life is spoiled, and any service is rendered futile. The entire life is embittered and devitalized by the self-inflicted worry, hatred, and desire. All relationships with other people are rendered equally futile or even definitely harmful, for the worried or suspicious one spoils the home circle or his group of friends, by his inner poisonous attitude, governed by a self-implanted idea and which have a life so powerful that they can poison him. His relation to his own soul and the strength of the contact with the world of spiritual ideas is at a standstill, for he cannot progress onward, and is held back by the poison in his mental system.

Intense prayer and deep understanding need be sent to such a one, while keeping distance from danger, and yet loving, for we are all one, remember?

Another thing to remember is that our thoughts - and attitudes resulting from them - are carried with us from lifetime to lifetime. Have you never had a speeding thought whizz through your mind and wondered where the heck it came from, as it is not the way you think or even what you are – in this present human experience. It's a fragmented thought that has no power. Let it keep going and it will never return unless you grab it and bid it welcome once again, thus, giving it power. It's part of the clearing out process written in II Corinthians 10:5.; make wise your choices of thoughts to embrace. If you have thoughts which perpetually annoy or rule your personality, start with a list. I had to do that and it worked! I made a list of two columns, CONS labeled the first one and PROS the second. In the CONS column, I listed all the thoughts I needed most urgently to discard and in the PROS column directly across from it I listed its opposite, or at least a peaceful thought or even the word 'LIE – IGNORE' to jump to when each CON thought showed signs of invading. I even had to physically shake my head, sometimes, as though shaking off a leaf from my hair, and then grab the list I kept in my pocket and jumped over to the thought I had prepared – rather, pre-prayed! I would dwell on that delightful PRO thought until I was able to move on in freedom from the Con thought. As I was faithful and determined in that practice, the time between 'episodes' grew longer and longer. It was before I understood the validity of the Principles, but I did eventually recognize how the Universe – 'God, the Divine Principle' – had stepped in amidst all that effort and helped me through it, changing circumstances

and providing strength and courage, and ‘spirit eyes’ to see light at the end of the tunnel, so to speak.

The Ageless Wisdom tells us, ‘At this time of our evolution, man sets up mantric vibrations – creative energies - unconsciously, and in ignorance of the Principle of sound and of their effect. The occult – hidden, invisible, ‘behind the scenes’ - work that he is carrying on is thus unknown to him.’ Oh happy day, I say, that we eventually will speak less, know more, and construct more accurate thought forms, which will produce powerful effects on physical levels. We are told there is no hurry; there is no need to emphasize speed in your life; there is much time for growth, both here and in other states of being. Yet, we need not wait, we can begin and see visible results immediately! It is not easy to learn to think and even more difficult to attain a high quality of thought. It is necessary to apportion a certain amount of time daily to the mastery of thought...for every thought must be as pure as a diamond! Contemplate on how to receive the Principles in your life more easily. The busiest people can devote an hour each day to the approach of the Principles. Daily, we partake of food and if we go without, the day is deemed miserable. But our spirit also receives nourishment from thought and without it the day is even criminal. So let us magnify our thoughts; force is not necessary, because when one walks the path to rightful thinking, all that would impede will be bridled.

Much that is to be seen now of a distressing nature in the world can be directly traced to the wrong manipulation of mental matter by man, due to lack of awareness of the Principle of Thought Responsibility.

*Aspire to these changes in your thought process; What you THINK sets up what you SAY, thus creating to exactness . . . it can no longer be a ‘russian roulette’ type of creation, for those sincerely on the Path. Practice of this powerful Principle will automatically slide you into a life of HARMLESSNESS, that Principle to which you were earlier exhorted to commit to practice.*

Along with the practice of the steps in the Principle of Harmlessness, add the practice of the steps listed earlier to bring about right thinking and control of thoughts. It seems like an impossibility, but I attest to you now that it is not and is well worth the diligent effort to raise yourself in consciousness and awareness of your innate abilities, ultimately making you, too, an on-purpose creator! There is nothing so liberating as having cleared out the garbage and fragmented thinking and being the master of your own thought

process – KNOWING WELL what results you want and can produce. The very MOMENT a person becomes consciously powerful in his mental plane, their power for GOOD is increased a hundredfold! So never give up - always PERSIST – Failure never prevents success. Difficulties develop the strength of the soul. The secret to success is ever to stand steady and to be impersonal!

Now in view of all of this, it may seem an impossibility to grasp and understand, but careful contemplation and quiet reflection will bring enlightenment and lead to the awareness of the techniques of your soul as it uniquely guides you in the way best, to that goal.

Alice Bailey writes, in her book PONDER, that “Slowly, there is dawning upon the awakening consciousness of humanity the great paralleling truth of ‘God Immanent’ – divinely "pervading" all forms, *conditioning from within* all kingdoms in nature, *expressing innate divinity through human beings*. There is a growing and developing belief that Christ *is* in us, as He was in the Master Jesus, and this belief will alter world affairs and mankind's entire attitude to life.” And she quotes “*See to thy aura, oh traveler on the way.*”

So, you see how each sincere effort made to follow the Principles and reaching for ‘right living’ can speed us toward such a splendid goal? I love to contemplate on that change in the world!

No man is ever put into circumstances which are insurmountable once he has put himself intelligently on the side of evolution – of God. Until that time he will be driven by gales of circumstances. The pressures of group and racial karma force us into situations necessary for the process of awakening to our own innate possibilities. Every step of the way to knowing those innate possibilities has to be carved out by each man himself and there is no shortcut or easy road out the darkness into the light. Nothing in heaven or hell, on earth or elsewhere, can prevent the progress of the person who has awakened to the illusion of this world, who has glimpsed the reality beyond the glamour of this life, and who has heard, even if only once, the clarion call of his own soul – as it has been tapped for attention!

Always remember: ‘Sincere effort counts,’ in the practice of this Principle and it, too, is the way of the soul-perfection process. Step forward in the confidence that the entire Universe flies to your aid! As your sincere desire for right-thinking and living registers in

the heavens, the energies which rule our planet, the tools you seek will arrive; it has long been understood that 'when the student is ready, the Teacher appears!'

You can find a transcript and much more information on this Principle of Thought Responsibility, as well as the audio and other blessings on my website [AmritaNicoleMarketing.com](http://AmritaNicoleMarketing.com).

Thank you for listening to Voice America, Mighty Spectrums, and join us next week as I share the Principle of The Spoken Word.

Now, I have been trying to get dLee to speak some of her own proverbs, but it looks like I must take that upon myself! Have a blessed weekend, on this note from dLee:

*"Choose to be a full colorful spectrum as YOU. Release with blessings the thought-filled seeds and leaves as you have bloomed." ~ dLee*

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(Read more on *Thought Responsibility* on the website text link.)