

Principle #1 HARMLESSNESS, the gate-keeper:

I am adamant that the practice of Harmlessness must come first, because it requires one to change their thinking! II Corinthians 10:5 – KJV, tells us to bring our thoughts under control, reign them in and clean them up. SO - what *does* one think about when we get rid of the garbage that has possessed the mind for so long . . . *NOW* what do we think about? Let's face it, about 95% of our thinking is stinking, stuff we shouldn't be thinking about anyway, and 99.9% of *THOSE* thoughts are exactly what's been ruling our circumstances!

It is written that God's people perish without a vision! (*Proverbs 29:18, KJV*) *SO*, I have to surmise the Principle of Harmlessness was put into play to help bring about the sincere soul which has been tapped to 'straighten up', so to speak. And as the mind has been cleansed, it is easier for the divine energies to make their way in and you will find new vigor in your life goals. It is also written we are 'given the desires of the heart' (*Psalms 37:4 KJV*) – as we are diligent to obey God's Principles, and most believers just assume Santa is coming early! But it is meant that the 'desires' that now come into your mind are those which lead you to living harmlessly and in the practice of that, your Intended LIFE begins to take shape around you. Through diligence and sincerity of heart, mind, and soul, and as you pursue those new goals within, you will experience – one day or one moment – something to cause you to recognize how time has passed and how unhampered your life has become, not to mention the ease in which circumstance once overwhelming are discarded. The most 'luscious' result of this process, as D'Lee calls it, is that through EVERY circumstance there has dwelt a peace and a *NEW* kind of Joy – the kind that cannot be squelched!

I can speak on this with authority *WITH* that 'peace and joy' I just mentioned, because I had purposed in my own heart to work through the transitional stages which had so long held me in bondage. There were often extreme tears of agony, as one in recovery from alcohol and drugs, for the way I *HAD* been thinking and acting was indeed an 'addiction'! Do you not recognize that of your own inner thought processes? It is the human experience and makes the difference, in time, on where we are on the evolutionary ladder. *NONE* are written in stone, and so *NONE* must be left behind in forgiveness - and understanding that they, too, are on some level of forward movement, no matter what it looks like.

I cannot even make myself stop to think of what it 'looked' like to my own circle of family and acquaintances *BEFORE* I stepped onto the Path, and then again as I worked through the stages, through years, to the liberty I now enjoy. I had to muddle through it with blinders on, once I stepped onto the path I intuitively know would be the only way to my personal freedom. It has taken me almost 70 years of *THIS* lifetime to get this far

in my podvig – spiritual path, and it's really only the beginning. For every stage in which I have victory, I'd think 'I have arrived!' and immediately find myself humbled in the next stage – the next 'demon' that had long beset me and which is now exposed and ready for battle.

It IS intended that we evolve – in some little way every day! ...physically, mentally, emotionally, spiritually...in every way possible. Living harmlessly, in thought, will aid you to refrain from harmful words, and in that will aid in change of heart and action, for it has been long known and proven scientifically that 'what you have most of in your head, WINS!' As you are victorious – even in the tiniest successes, the energies which have tormented you will finally be rendered powerless, clearing the way for your intended blissful life to resume and remain.

[\(Read more on HARMLESSNESS here.\)](#)